

Letter from President



The EWI Corporate President's Speech in the most recent Corporate Connect was "Keep it Simple". Sharon sums up the motto in three ways, clarify our focus, modify our process and unify our culture. Based on our Chapter's strategic goals set by the 2010 Board, we have made simple strides which have resulted in several positive outcomes. Here are some examples of our accomplishments that support each of our Chapter's four 2010 strategic goals 1) strengthen our core membership – we have taken time to learn about our members and supported each other through business and personal connections 2) expand and broaden membership - we were able to bring in two new members. 3) promote education and literacy - we will be rolling out our reading rally efforts next month and have made two payments on four scholarship provided in 2009. 4) provide dynamic programs - we learned how to deal with difficult people, be more balanced in our lives, prepare dynamic presentations, support economic development in our community and give a great dinner party.

It was a pleasure serving EWI Orlando as president this year. I could not have done it without our active and dedicated board members who supported me each step of the way. Get ready for a jolt in 2011. I know recruiting will be the focus and new member's equals new ideas, fresh perspectives and rejuvenation. I look forward to the year ahead as a member and hope we can continue to keep it simple through focus, modification, unification and I will add one more to Sharon's motto, commitment.

• Keep it •
SIMPLE!

2009-2010 Officers & Directors

President

Jennifer Johnson, Cross, Fernandez & Riley, LLP

Vice President

Diana Larsen, Gray Robinson

Secretary

Sally Bobber, Metro Orlando Economic Development Commission

Treasurer

Lynette Gaylord, SunTrust Bank

Ways & Means

Ericka Wagner,

Membership Director

Ellen Andrews, High Tech Corridor Council

Sergeant-at-Arms

Debbie Dibartolo, Seminole County Sheriff's Office

Program Director

Rachel Benash, Enterprise Florida

Director At Large

Diane Cumptson, DeVry University

Publications Director

Caroline Montalvo, Monti Interpreting & Translation Services, Inc.

25th Anniversary

*Please Join Us in Celebrating
25 Years of Orlando's
Executive Women International*

Tuesday, October 19th

5:30 pm - 7:30 pm

Includes Dinner

Sonesta Hotel - Downtown Orlando

60 South Frankoe Boulevard Orlando 32804

\$30 Members, \$35 Non-Members

Past Presidents Complimentary and Guests are Invited

Rsvp to Debbie Dibartolo at debbie2201@live.com or 321-377-9562



CONNECTIONS | CAREERS | COMMUNITY

Member Spotlight

Diana Larsen
GrayRobinson, P.A.

What is one thing most people don't know about you?

I lived and worked in England for 4 1/2 years before coming to Orlando.

What was your first job?

My first official job was working for Coudert Brothers, a law firm in New York City, I had a summer job while going to college working in their Law Library and then went back as a secretary to work in in Entertainment Litigation.

What book are you currently reading or your favorite song on your iPod?

Current book is Going Rogue by Sarah Palin and favorite song is Better Than a a Hallelujah by Amy Grant

Why did you recently move to Orlando?

Have lived here for 19 years.

Inspire us with your favorite quote?

There are never mistakes, only lessons. - Don't know the author.



Do you have something to add to the Corporate Connect or the EWI Website?

Website member spotlights coming soon!

2010 / 2011 Corporate Board

President – Sharon Bennett

Vice President / President Elect – Lisa Stokes

Secretary / Treasurer – Renea Callery

Nancy Harrison – Recruitment and Retention Director

Karen F. Skirten – Marketing Director

Ronwyn Anderson – Professional Development Director

Kerry Feltenberg – Chapter Development Director

Louise Anderson – Advisor

Look for More Information on the Reading Rally and November Meeting Coming Soon!

Chapter Photo Gallery



10 Foods for Healthy Skin

It is amazing how many chemicals we trust and dollars we spend to keep our skin glowing. Although it is important to pamper our skin externally, we tend to forget to pamper ourselves internally.

Afraid of the sun's damaging rays? Then try eating **sweet potatoes** and **carrots**, which have large amounts of beta-carotene, an antioxidant that contains vitamins C and E and defends against any damage that sun exposure can cause.

Suffer with acne? **Water** and **green tea** are a great way to clear up your skin. Water flushes out toxins from your body while green tea offers cancer-fighting and complexion-acne fighting antioxidants.

Sunflower seeds, Brazil nuts, flax seeds, berries and **salmon** are great sources to help eliminate wrinkles and soften your skin while **avocados** keep your skin plump and youthful looking.

Believe it or not, **turkey** helps maintain your skin's elasticity and firmness and prevents inflammation. Just be sure to ask for turkey that is "all natural" and "reduced sodium."

EWI® Mission and Vision Mission

Executive Women International® is an organization which brings together key individuals from diverse businesses for the purpose of:

- Promoting member firms
- Enhancing personal and professional development
- Encouraging community involvement

Vision

To be the Leading Connection for Business Professionals

DATES TO NOTE

View the September 16th Webinar "The Ultimate Surprise"
Visit the EWI Website for a copy

October 21st 6:00pm EST
"I'm Juggling As Fast As I Can"
Managing Stress, Avoiding Burnout and Achieving Balance for Managers

Other past webinars and calls can be downloaded on the EWI Corporate Website. Have your password handy.